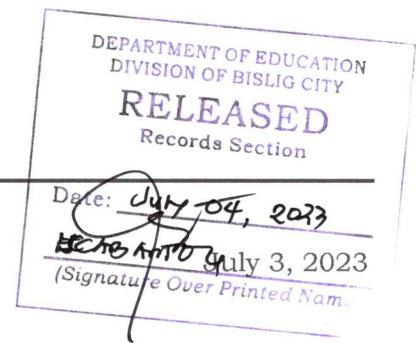




Republic of the Philippines
Department of Education
Caraga Region
Schools Division of Bislig city



DIVISION MEMORANDUM
NO. 347 s. 2023

IMPLEMENTATION OF THE WELLNESS PROGRAM

TO: Assistant Schools Division Superintendent
CID Chief and SGOD Chief
Public Schools District Supervisors
Elementary and Secondary School Heads
HNS Personnel
All Others Concerned
This Division

1. Wellness programs can help contain the lifestyle-related diseases, the main driver of premature morbidity and mortality as well as health care cost. The core of every good wellness program is behavior change. With the right education, adequate skills, motivation, tools and social support, people change behaviors and adopt healthy habits which lead to lower health risks, less chronic diseases, and fewer health care costs with the new normal among the teaching and non-teaching personnel of Bislig City Division.
2. Health profiling among the teaching and non-teaching personnel is a person-centered document that brings together all the information about the health of an individual.
3. In this premise, all teaching and non-teaching personnel are encouraged to fill in the health profile through this google link: <https://forms.gle/PCtX1UrcreqNdhVS8> before the end of July 2023.
4. For more information, contact Doreen Claire L. Bolivar, CP No.09277318270.
5. Immediate and wide dissemination of this memorandum is desired.

GEMMA A. DE PAZ
OIC- Schools Division Superintendent

Encl/s: NONE
Reference/s: NONE
To be indicated in the Perpetual Index
Under the following subjects:

WELLNESS PROGRAM

HEALTH PROFILING

HNS/MDC
July 3,2023

